

Guiding without Criticising

Children need our guidance while they are growing up. When we guide them without criticising, we separate the behaviour we see from the child as a person. We give them information about how to improve without being destructive.



Criticising

Now look what you've done! You're so clumsy, you're always spilling things. Why don't you ever watch what you're doing?

Guiding

Oops! You've Spilt your drink. Can you fetch the cloth from the sink to clear it up. Where could you put your mug so you won't knock it over again?



Criticising

- Hurts
- Blames
- Creates anger and defiance
- Attacks the child rather than sorting out what they are doing
- Fails to tell the child how to improve



Guiding

- Shows respect
- Helps children to listen
- Gives useful information
- Encourages co-operation
- Leads to shared ideas
- Encourages changes